



TOWN OF COLCHESTER

Commission on Aging
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Where Tradition Meets Tomorrow

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Colchester Commission on Aging Meeting Minutes

Tuesday, October 11, 2016 - Colchester Senior Center

Members Present: Jean Stawicki, Ellie Phillips, Marjorie Mlodzinski, Goldie Liverant, Jennifer Raybern DeHay, Linda Grzeika

Members Absent: Rose Levine, Marion Stanavage, Rob Gustafson

Others Present: Patty Watts, Mary Tomasi, Andrea Migliaccio

- 1. Call Meeting to Order:** J. Stawicki called the meeting to order at 8:32 a.m.
- 2. Possible Seating of Alternate:** J. Stawicki seated both alternates in lieu of the Commission absences.
- 3. Minutes:** M. Mlodzinski motioned to accept the September 12, 2016 meeting minutes. G. Liverant seconded. All other members present voted in favor. MOTION CARRIED.
- 4. Financial Report:** No report for the Commission. P. Watts reported the daily transportation collection for September 2016 was \$112 and out of town trips was \$70 for a total of \$182. The YTD total is \$850.10.
- 5. Senior Center Director's Report:** P. Watts reported that the Referendum to purchase the senior center building and land passed and the town closed on the purchase on September 30th. The new full-time driver has started and with her background, is an excellent addition to the staff. Energy Assistance appointments have begun and run through March 15th. November 9th is the first day of deliverable fuel. Medicare open enrollment runs from October 15 through December 7. The center is hosting 2 Open Enrollment events on November 4 and December 2 where screening will be provided to determine the best plan at the most affordable rate. Chatham Health is providing flu vaccination clinics on October 5 & 12 from 1-4 pm. There will be a Paint Night Fundraiser at Creative Canvas on October 20 from 6-8:30 pm. The annual Holiday Craft Fair & Open House is scheduled for Saturday, November 19 from 9-2. Raffle baskets are a major part of the proceeds and donations are welcome. The program, You Are Not Alone: Your Loved Ones Are Here... You're Just Not Listening has been cancelled, hopefully to be rescheduled. Barbara McKelvey is leading a hugely successful Tap Dance Class and Patty Flubacher has been hired for the Zumba Gold program. Current programming: AARP Smart Driver Course on 10/19, Safe Gambling on 10/20, Becky's Wedding Slideshow on 10/24, Intergenerational Halloween Craft on 10/25, Magic Wings and Yankee Candle trip on 10/26, Live Well Workshop on 10/26 and a Halloween Pizza Party on 10/31. Upcoming Trips: Plymouth Plantation on 11/15 (sold out), Chasing Rainbows at the Goodspeed on 11/21 (sold out), Steamboatin' on the Mississippi 3/19-3/27/17, Jersey Boys at the Bushnell on 3/23/17, The Best of Alaska (land/cruise) from 6/12-6/25/17 and Great Trains & Grand Canyon trip from 10/8 - 10/13/17. August meals statistics were: 91 Bistro and special meals served, 131 Community Café meals served and 705 Meals-on-Wheels delivered. September statistics: Attendance: 1,389 over 21 days. Transports in September were 906. At the end of September, there were 952 active memberships in MySeniorCenter. It would have been 998 but the program

was updated to remove archived members. This will happen automatically now as they've made an adjustment to the program.

6. **Status of Strategic Team Planning Meetings:** P. Watts reported that they've been working hard for over a year. The site visits were the highest priority and now that they are complete, the group is moving forward. They've developed a Mission Statement and a Vision Statement and have completed a SWOT (Strength, Weakness, Opportunity, Threat) Assessment. Patty requested the Commission on Aging perform the same assessment of the center. The group discussed this and decided to add it to the January 2017 agenda.

6a. Review of Strategic Team Meeting Proposed Language: Patty disbursed copies of the Mission Statement and Vision Statement. She explained these are aligned with Accreditation requirements. After a short discussion, L. Grzeika motioned to endorse the Mission Statement and Vision Statement as presented. G. Liverant seconded. All other members present voted in favor. MOTION CARRIED.

7. **Chairman's Report:** J. Stawicki passed a thank you note from Louise Plocharczyk for her retirement gift. Jean reported she attended the September round table meeting of Senior Centers. The group discussed goals of the Commission on Aging in Colchester and other towns. There was also discussion on State grants available for building senior centers.
8. **Fundraising:** L. Grzeika presented her findings on the car cane research and passed around one from the list she was working with. The group asked for further research on one that would include a handle. They decided to try to make an email decision so they can order and have to sell at the Holiday Fair.

9:30 a.m. M. Mlodzinski, J. DeHay and L. Grzeika left the meeting leaving no Quorum.

9. **CoA Projects:**

9a. Senior Resource Guide: E. Phillips reported that she received the document from Rose and will begin formatting.

9b. New Project: No items were reported.

10. **Old Business:** E. Phillips began a discussion on donating a basket for the Holiday Fair. She will send out an email and get feedback from the group so it can be done before the next meeting.
11. **New Business:** No items were reported.
12. **Citizen's Comments:** None.
13. **Adjournment:** The meeting ended at 9:50 a.m.

Respectfully submitted,


Michelle Komoroski

Mission Statement

It is the mission of the Colchester Senior Services Department to support older adults by providing programs and services designed to promote their independence, health, wellness and overall quality of life.

Vision Statement

A community resource dedicated to engaging, enriching and empowering the lives of seniors.
